

spectrum generations

A Community Report of Spectrum Generations
The Central Maine Area Agency on Aging | The Aging and Disability Resource Center
FISCAL YEAR 2013

Promoting
life-long learning,
health, wellness,
nutrition, community
engagement and the
social well-being of
all older and
disabled adults.

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FROM THE PRESIDENT/CEO



As I write this annual report letter, it's October 17th and the federal government has finally reopened after 16 days of shutdown and dysfunction. Regardless of political affiliation, I think everyone can agree that it is no longer business as usual. Our economy has

been near stagnant for 6 years; and without more tax revenues from a stronger economy or tax increases on citizen income, the country's budget deficit will continue to grow. That is very dangerous. If our leaders in Washington cannot figure out an agreed upon way forward, our country will be back in a shutdown status come January 15th.

Spectrum Generations is wide awake to this new reality. Sequestration was a wakeup call. It cut our Older American Act programs by a near 5-6%, and remains in effect in fiscal year 2014 at a 7-8% reduced funding. As currently written, these cuts do not stop until the year 2021. The effect was a waiting list for all of our programs. We can no longer count solely on the federal and state government to support vulnerable older and disabled adults.

But we have a mission and the criticalness of that mission does not afford us the time to lament on the challenges we face. We must address these challenges straight on and adapt and overcome to the best of our ability.

We reached out to the community for support and were overwhelmed by its generosity; especially for our Meals on Wheels program. Thank you. But we cannot just hope people will donate their hard earned dollars to us. Additionally, we looked internally at how we deliver our services and tried to find efficiencies, eliminate redundancies and utilize collaboration and partnerships to meet the needs of older and disabled adults in central Maine. We had good success; we are starting out fiscal year 2014 without a waiting list for Meals on Wheels. But we need to do more.

As we investigated our program and service impact on the community, we came to the realization that what Spectrum Generations did, was having even more of a positive effect on people's lives than we had previously estimated. More surprisingly, the impact of our work has never been more beneficial to any sector than it is to the healthcare industry today. Our nutrition programs keep people nourished and away from the emergency room; our evidenced based wellness and prevention programs teach people to live more healthy lives and reduce the need for medications; our caregiver program educates those caring for persons with dementia so they are more prepared to deal with the challenges this condition brings and directly reduces/

delays the length of stay patients have in a hospital or rehabilitation center; and our outreach work ensures people know what benefit coverage they have and how to use this coverage to be proactively healthy. And this doesn't even

include our personal support service and adult day care programs, that allow caregivers to work, recreate, and stay healthy themselves, while knowing their loved one is being expertly cared for in a safe comfortable setting.

However, since we have always just been there, the healthcare industry is not fully aware of our success in helping produce quality outcomes and reduce the cost of care. In 2014, Spectrum Generations is embarking on a strategy to work with hospitals, insurers, healthcare systems, and self-insured businesses to identify the value and quality we bring to the table in improving patient experience, the quality of care and reducing cost of care. It is our hope that these "old" but "new" customers will see the return on investment of our work and begin directly contracting with Spectrum Generations to help them meet their healthcare goals.

Wish us luck.

Gerard Queally,
President/CEO

“the impact of our work has never been more beneficial to any sector than it is to the healthcare industry today”

FY13 HIGHLIGHTS

Guided by our Strategic Plan, 2013 was a mission driven year of change, challenges, and opportunities. With our dedicated work force, committed volunteers and strong community support, we helped central Maine seniors, disabled adults - and those who care for them – make informed decisions on long-term support options, healthy living and community engagement. With our ‘no wrong door’ approach to vital information and assistance, we provided education and solutions to live a longer, independent life in one’s own home, own community, and in a way best fitting their life preferences and choices.

We strengthened our partnerships and built new collaborations.

- We provided options counseling to patients of central Maine’s five Community Care Teams.
- Our Bridges Home Care partnered with Full Circle American to bring virtual assisted living to central Maine.
- We collaborated with elder abuse leaders and advocates.
- We opened our Southern Midcoast Aging and Disability Resource Center at the People Plus Center in Brunswick.
- Launched our State Farm sponsored “Be Prepared” campaign providing emergency preparedness planning booklets to seniors.
- Created a Community Liaison staff position to expand our connections & collaborations.

We provided a menu of services to improve health and wellness.

- Expanded skills to manage chronic pain with our evidenced based Chronic Pain Workshops across central Maine.
- Created a Health Advisory Council connecting consumers and professionals to improve the quality of lives and the quality of health care.
- Launched East Meets West Geriatric Fitness and Functional Movement program to promote independence and delay the onset of chronic disease.
- Increased higher valued nutritional products in our menus resulting in a national n4a Innovation Award for utilizing local foods from Maine farms.

We didn’t stop there...

- Our State Area Plan was approved.
- We rebranded Bridges Home Care and Cohen on the Meadows catering.
- Installed VOIP telephone system allowing warm transfers to Aging and Disability network.
- Launched our upgraded, easier to navigate, ADA compliant web site.
- Trained our volunteers to better assess overall health of our Meals on Wheels consumers.
- Held our first annual Meals on Wheels Celebrity Chef Challenge to help end senior hunger.

We successfully navigated a year of change and challenges always keeping our consumers’ health and safety foremost in our minds. We did not do it alone – we did it with you. *Thank you!*



**We dedicate this Annual Report to the memory of a dear friend of Spectrum Generations – an advocate and advisor whose long standing support of our mission helped significantly improve the lives of those we serve:
Dr. Kenneth Eskelund**



FY13 TREASURER'S REPORT

Spectrum Generations ends FY13 financially strong and stable after having generated more than \$6.6 million in revenues. A decrease of almost \$300,000 in Federal and State funding required Spectrum Generations to scale back some of its services, most notably MOW meals.

Spectrum's financial strengths continue to lie within its diversification and fee-for-service initiatives. Shortfalls in grant funding have been offset by increases in fee-for-service activity. The most successful fee-for-service program in the Spectrum Generations portfolio is Bridges Home Care. This program continued to see growth in FY13 with a 4% increase over the prior year. Bringing in over \$1.9 million of revenue, Bridges' profits allow Spectrum Generations to supplement Older Americans Act funding in order to provide additional services to Maine's seniors and disabled consumers.

Another method Spectrum Generations uses to combat loss of Federal & State funding is through its special fundraising events. As a result of an ice fishing derby in February, a golf tournament in June, and the generous Sukeforth family Pig Roast and auction in September, Spectrum Generations earned over \$54,000. In September of this year we created a new fundraising event called the Celebrity Chef Challenge. This one-of-a-kind event was held at the Maine Maritime Museum and raised an additional \$13,900 for the agency. We're hopeful that this event will become Spectrum Generations' signature event and bring in additional fundraising revenues in the future. Overall, \$560,000 was raised through philanthropic efforts with 80 percent of each dollar received directly benefiting programs and services.

The funding challenges still remain as we struggle with continuing decreases in federal funding. Our FY14 goals



include not only delivering the services that we've always done, but to identify the value of our services to new customers so that we may grow and expand and help more of Maine's seniors and disabled adults. Here's to an equally successful FY14!

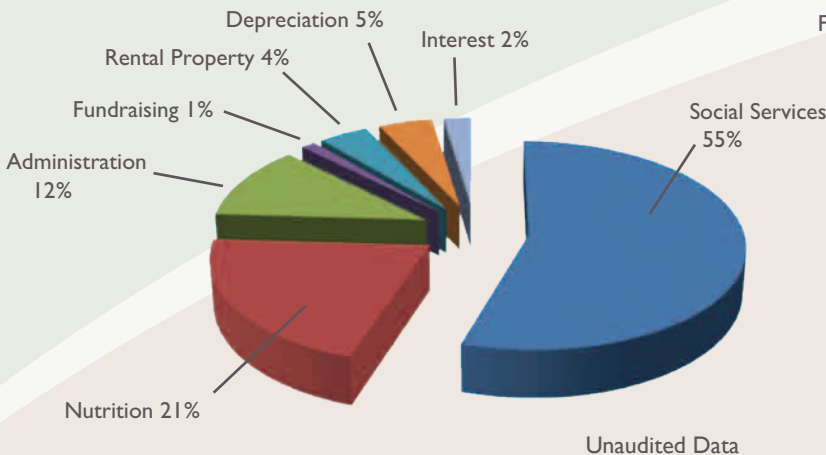
Revenues

Fee for Services	3,065,634	46%
Federal & State	2,287,946	34%
Contributions	637,579	10%
Sales & Other	342,186	5%
Rental Income	332,440	5%
Total	6,665,785	100%

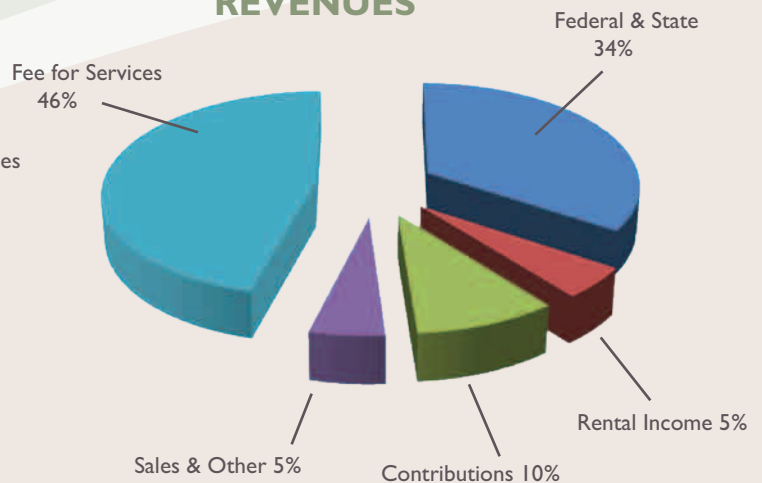
Expenses

Social Services	3,580,594	55%
Nutrition	1,363,989	21%
Administration	753,505	12%
Depreciation	302,079	5%
Rental Property	277,911	4%
Interest	155,350	2%
Fundraising	80,924	1%
Total	6,514,352	100%

EXPENSES



REVENUES



PEOPLE IMPACT

- We prepared and delivered 200,019 Meals on Wheels to 1,335 homebound seniors and disabled adults.
- We answered 2,860 requests for much needed assistance and support with the challenges of dementia and disabilities.
- 57,253 community dining meals were served.
- Our professionally trained staff responded to 44,904 requests for help with Medicare, insurance, prescription drugs, reverse mortgages, money management and other topics of importance.
- 108,633 hours of personal care delivered at home.

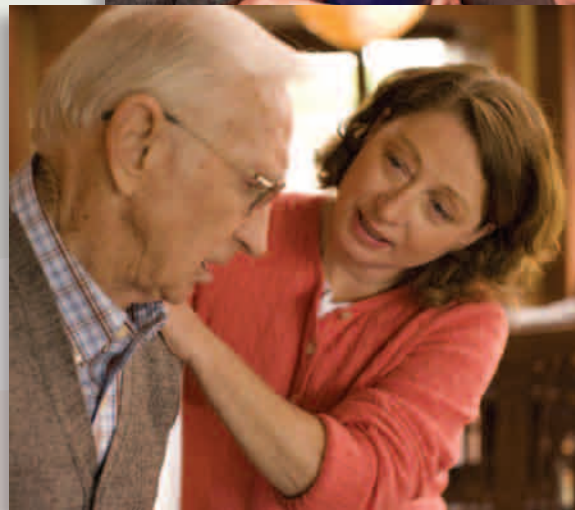
“I did a home visit. When I was there the daughter told me that they had a lot of different people coming into their home for her mom. I said I would be quick so that I could get out of their way. Mary replied, “Oh no - not you. You are from Bridges and Bridges is just like family.”

...Bridges Home Care Employee



ECONOMIC IMPACT

- We reinvested \$6,251,000 into six counties in central Maine.
- We expended \$2,095,300 with Maine businesses.
- We coordinated a volunteer labor force of over 662 men and women who generously donated 39,749 hours of service at a value determined by the IRS of \$880,043.



“I worked with a couple in their 80’s who were in danger of being removed from their home and placed in assisted living. They wanted to remain where they were. They now receive home care services, two visits per day, and are using the assistance of their granddaughter. They also elected to have a small GPS unit to carry with them when they went outside their home in case one of them fell or they got lost.”

...Spectrum Generations Aging and Disability Resource Counselor

WAYS TO GIVE

You can impact the quality of life of older and/or disabled adults throughout central Maine by making a charitable gift to Spectrum Generations. It's easier than ever to support Spectrum Generations as we offer many ways to donate. They include a gift of cash or stock, a tribute gift to remember a loved one, a planned gift in your will, an in-kind gift, or the gift of your volunteer time.

Visit www.spectrumgenerations.com to learn how you can support the work of Spectrum Generations.

Mr. Louis Abbotoni
Mr. and Mrs. Kenneth Abbott
ACECCA Employees
Mr. and Mrs. Leandre Achey
Mr. and Mrs. Leslie Ackley, Jr
Ms. Carol Albaugh
Mr. and Mrs. Robert Albright
Ms. Nancy Aldrich
Mr. and Mrs. John Allan
Mr. and Mrs. Roger Allarie
Mrs. Ruth and Barbara Allen
Ms. Pamela Amrein
David and Gloria Anderson
Mr. and Mrs. Paul Anderson
Mr. George Andrews
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Anthem Blue Cross
Mr. and Mrs. Melburne Applebee
Mr. and Mrs. Nazzareno Aquilio
Mr. and Mrs. Roland Arbour
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Ms. Marjorie Arseneault
Dr. and Mrs. Antoine Atallah
Ms. Marguerite Atkins
Ms. Karen Auclair
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Messrs. Michael and Patrick Ayers
Mr. and Mrs. Richard Ayotte
Mr. Richard Bachelder
Mr. and Mrs. Bruce Baggary
Mr. and Mrs. John Ballew
Mr. and Mrs. Normand Bard
Mr. Tom Barton
Mr. and Mrs. B. A. Bartrug
Ms. Christina Bauman
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Dr. and Mrs. Eugene Beaupre
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Ms. Connie Bechard
Ms. Connie Beckim
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Mr. and Mrs. William Bedard
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Ms. Nancy Bell
Ms. Deena Lee Bennett
Gary and Rosie Bensen
Ms. Lori Benson
Pat Berkley
Ms. Doris Bernier
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Ms. Joan Bickford
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Ms. Susan Williams
Ms. Wanita Bilodeau
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Mr. and Mrs. Lionel Bourque
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Mr. and Mrs. William Bridges

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Ms. Gladys Brown
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Ms. Lisa Brown
Patrick and Linda Brown
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Mr. and Mrs. Paul Bryant
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Mrs. Robyn Campbell
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Mr. and Mrs. John Cassidy
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Central Maine Power Company
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Ms. Nancy Chamerin
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CHANS Home Health Care
Mr. William Chapman and
Ms. Helen Shaw
Ms. Nancy Charette
Mr. and Mrs. Dick Chase
Mr. Timothy Chase
Chasse Chiropractic Office
Ron and Kristine Christensen
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Ms. Pat Clark
Ms. Patricia Clark
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Mr. Peter Cook
Ms. Linda Cookson
Mrs. Muriel Cookson
Mr. and Mrs. Mark Cooper
Mr. and Mrs. Roland Coryell
Linda Cosgrove
Louise Small Couillard
Mr. and Mrs. Philip Coulombe
Mrs. Holly Couture
Cox Memorial Church
Mr. and Mrs. Davy Crockett
Ms. Winifred Crockett
Mr. and Mrs. Christopher Crosman
Ms. Janis Cross
Ms. Evelyn Crosson
Mr. and Mrs. James Cumming

Mr. Robert Curran
Mrs. Ellen Currier
Curtis Memorial Library
Cushnoc Senior Citizens Club
Ms. Joan Cwiertniewicz
D.H. Pinette & Sons, Inc
Tom and Beverly Daggett
Mr. and Mrs. Daniel Daigneault
Ms. Joann Danch
Darling's
Ms. Betty Davis
Mr. and Mrs. Bill Davis
Ms. Laura Davis
Ms. Lucy Dennett
Ms. Maxine Dennis
Mr. and Mrs. Earl Deojay
Ms. Shereen Deschaine
Ms. Denise Deshaines
Ms. Gladys Dewick
Mr. James Dill
Mr. and Mrs. Thomas Dill
Mr. and Mrs. Daniel Doiron
Mrs. Lillian Dolfop
Dom's Barber Shop
Mr. and Mrs. Dorcus
Ms. Pat Doten
Mrs. Dorothy Doucette
Mrs. Muriel Doucette
Ms. Jean Doughty
Ms. Beatrice Doyle
Mr. and Mrs. Terry Drummond
Mr. and Mrs. Christopher Dumaine
Mr. and Mrs. Sidney Dupont
Ms. Kelly Duquette
Ms. Sonja Durgin
Eagle Rental
Ms. Mary Earle

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Mr. and Mrs. Paul Forman
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Ms. Brenda Foster
Ms. Sally Foster
Mrs. Barbara Frederick
Mr. Harry Freeman, Jr.
Mr. and Mrs. Roland Frost
Mr. and Mrs. Arthur P. Frothingham, III
Mrs. Bertha Fryman
Mr. and Mrs. David Fuller
G & E Roofing Company
Mr. Chuck Gallagher
Mr. and Mrs. John Gannett
Ms. Susan Garascia
Mr. Stephen Garde
Gardiner Federal Credit Union
Gardiner Public Library
Ms. Dawna Gardner
Garelick Farms
Nancy and Charles Gaunce
Gibson LeClair, LLC
Mr. Andrew Gidney
Alice M. Gifford
Mr. and Mrs. David Gifford
Ms. Lenora Gilbert
Ms. Lois Gilbert
Mr. and Mrs. AJ Gingras
Mr. Philip Gingrow, Jr.
Girl Scouts Troop #1342
Good-Will Hinckley
Mr. Gary Goodrich
Mr. and Mrs. Jim Goodsell
Mr. Allen Googins
Mrs. Joan Gosselin
Gould Health Systems
Ms. Lisa Goulette

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Ellen Cihivsky and Thom Hieronymus
Ms. Linda Higgins
Mr. and Mrs. Rodney Hill
Hilltop Farms Greenhouses
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Ms. Helen Holman
Mr. and Mrs. Sterling Holway
Houle's Plumbing & Heating
Mr. and Mrs. Lionel Howard
Mr. Charles Howe
Edward & Patricia Hoyt II
Mr. and Mrs. Gary Hubley
Huhtamaki
Mr. and Mrs. Jonathan Huntington
Ms. Judi Hurtubise
Mr. and Mrs. Leroy Hussey, Jr.
Mr. and Mrs. W. Carr Hussey
Mr. Erwin Hutchins and
Ms. Carol Jacques
Mr. Roger Hutchins
Mr. William E. Ingraham
Ms. Ruth Innes
J & S Oil
Ms. Germaine Jackson
Mr. and Mrs. John Jacques
Mrs. Terry Jandreau
Mr. and Mrs. Ronald Jespersen
Mr. and Mrs. Walter Johansson
John Snow, Inc
Ms. Linnea K. Johnson
Mike and Shirley Johnson
Mrs. Joanne Johnston
Ms. Leslie Jones
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Ms. Frances Keene
Mr. and Mrs. Stephen Kelleher
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Kennebec Internal Medicine
Association, PA
Kennebec Savings Bank
Kennebec Valley Community College
Kennebec Wealth Management
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Mr. Brian Kincaid, Sr.
Helen and John Kincaid
Mr. and Mrs. Louis King
Robin King and Jack Gondela
Mr. Robert Kinghorn
Mr. Vincent Kirschner
Mr. Earl Kitchin
Mr. and Mrs. Ron Kittredge
Dr. Roland Knausenberger
Knights of Columbus, The Father John
Anderson Council #11543
Mr. Don Kniseley
Mr. Robert Koenig
KPMG's Community Giving Campaign
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Ms. Lois Kvoal
Mr. and Mrs. Jame Labbe
Mr. and Mrs. Maurice Ladd
Mr. and Mrs. Wayne Ladd
Mr. Donald Lagace
Lake Pemaquid, Inc.
Renee LaPorte
Ms. Wendy Larson
Ms. Beverly Lathe
Mr. and Mrs. Philip Lathrop
Laureate Lambda Chapter of
Beta Sigma Phi
Ms. Erdean Lauritsen
Le Club Calumet
Mr. and Mrs. Louis Leach
Mr. and Mrs. Norman Leavitt
Mr. and Mrs. Robert LeClair
Mrs. Dorothy Lee

**"To anybody and everybody responsible,
I appreciate the love – it's heartwarming."**

...Meals on Wheels Consumer

Ms. Jeanette Eastman
Edgecomb Congregational Church, UCC
Edgecomb Thrift Shop
Ms. Darlene Ehalmers
Mr. and Mrs. James Elkins
Ms. Trudy Ellis
Mr. and Mrs. Paul Emerson
Mr. Francis Emery
Ms. Celia Emmons
Esthetic & Reconstructive Dentistry
Evergreen Healing Center
Fabian Oil
Mr. and Mrs. Sidney Farr
Ms. Jeannette Farrell
Mr. Francis Fenton
Mr. Johnson Fenwick and
Ms. Amy Hankla
Violet L. Ferland
Mr. Thomas Fineis and
Ms. Katherine Letoumeau
Dr. and Mrs. Thomas Fiola
Fiore Olive Oil
Fireside Inn & Suites
First Advisor/Bessie Brooks
Mr. Rudy Fish
Ms. Diane Fjeldheim
Mr. and Mrs. William Fleming
Larry Fleury
Mr. William Flewelling and
Mrs. Patricia Williams Flewelling
Ms. Eve Foley
Mr. Gordon Folsom and
Mr. Stephen Folsom, Sr.

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Hammond Lumber Co.
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Mr. Beniah Harding
Harima USA, Inc
Harmony Information Systems, Inc.
Mr. and Mrs. Christopher Hamish
Dr. and Mrs. Avery Harrington
Mr. and Mrs. Samuel Harris
Ms. Trudy Hart
Ms. Carol Hartley
Mr. and Mrs. Harmon Harvey
Mr. Richard Harvey
Rodney and Mary Hatch
Mrs. Dorothy Hayman
Healey & Associates, Inc.
Mr. Robert Hendrick
Mr. Leopold Hepfner

Ms. Sharon Lee
Mrs. Kelsey and Cassandra Leeman
Mr. and Mrs. Geraldine Lemieux
Ms. Nancy Lenfest
Ms. Lisa Letoumeau
Levey & Wagley, P.A.
Ms. Alice Lewis
Mr. Clifton Lewis
Ms. Mary Lewis
Ms. Pam Lewis
Mr. Art Lindgren
Lobsterman's Restaurant
Ms. Carolyn Lockwood
Ms. Debora Loman
Mr. and Mrs. James Lombardo
Mr. and Mrs. Lawrence Longfellow
Longfellow's Greenhouses
Mr. Roger "Buckie" Lord, Jr.
Love Fund
Mr. Bill Lyons
Mr. and Mrs. Myron Lyons, Jr.
MacCrillis-Rousseau LAVFW, 8835
Machias Savings Bank
Ms. Evelyn MacKellar
MacKenzie Landscaping, Inc.
Mr. David Madore
Ms. Alta Main
Maine Community Foundation
Maine Credit Unions' Campaign
for Ending Hunger
Maine Education Credit Union
Maine Eye Care Associates
Ms. Helga Manning
Ms. Lauraine Mansur
Mr. and Mrs. Donald Marchildon
Marden's Inc.
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Joel and Dot Marsh
Mr. and Mrs. David Marshall
Mr. Joseph Martin
Lillian M. Martin
Mr. and Mrs. Roger Martin
Martin's Point Health Care
Don and JeNelle Matheson
Mr. and Mrs. Wayne Mathieu
Moir and Terry McCabe
Ms. Joan McCarthy
Ms. Patricia McCarthy
Vera McColllett
McCormack Building Supply, Inc.
Mr. and Mrs. John McCormick
Mr. Bruce McCreedy
Mr. and Mrs. David McDermott
Mr. and Mrs. Carroll McGary
Mr. and Mrs. Timothy McGowan
Ms. Frances McGraw
Dr. Keith McKay
Mr. and Mrs. William McKay
McKee Billings LLC PA
Ms. Eleanor McKinnon
Ms. Wendy McLaughlin
Ms. Patricia McLeod
Ms. Marie McMahon
Mrs. Jane McMullin
Mr. and Mrs. Brad McNeil
Claudette McNeil
Mr. and Mrs. Abbott Meader
Meals on Wheels Association
of America
Mr. Tom Meiser
Mrs. Shirley Mercer
Mr. and Mrs. Richard Merrill
Mr. Ronald Memiman
Rev and Mrs. Francis Merritt, Jr
Ms. Beverly Messer
Mr. Danny Michaud
Mr. and Mrs. Joel Michaud
Mid-Maine Marine & RV, Inc.
Mrs. Lena Miles
Miles Memorial Hospital League
Mr. Howard Miller
Ms. Monique Mitchell
Ms. Alison Mizner
Mr. and Mrs. Dan Mocariski
Monhegan Plantation
Monmouth Federal Credit Union
Ms. Joan Moody
Ms. Kaye Mooers
Mr. Frederick Moon
Ms. Laura Morgan
Ms. Estelle Morin
Ms. Kenyn Morin
Mr. and Mrs. Richard Morin
Mr. Kevin Morrissey

MSECCA
Mr. Robert Murphy
Ms. Gwen Murray
Ms. Doris Musa
Mr. and Mrs. Paul Mushero
Ms. Janet Musk
Ms. Lela Myers
Mr. and Mrs. Gerard Nadeau
Ms. Lucinda Nale
Net.Tel
Mr. Arthur Newell
Fred J. Newhard, Jr.
Patricia and Daniel Newman
Ms. Geraldine Nimon and
Ms. Sophie Pooler
Mr. Jeffrey Noel and
Ms. Catherine Burnham
Ms. Maureen Norris
North Country Rivers, Inc.
Northeast Bank
Norton Insurance Agency
Joe and Leigh Norton
Norway Savings Bank
Ms. Mary Jane O'Connor
Mr. and Mrs. Darrell O'Leary
Oakland Pharmacy
Ms. Mary Oatway
Mr. and Mrs. Dick Oellers
Mr. and Mrs. Alfred Oliwa
Ms. Elizabeth Osborne
Ouellette & Associates, P.A.
Mr. and Mrs. James Owen
Palermo Women's Extension
Ms. Ann Parker
Mrs. Irene and Madeline Patenaude
Ms. Geraldine Paterson
Mr. and Mrs. Donald Paulsen
Ms. Annette Peabody
Ms. Ruth Peck
Ms. Heidi Peckham
Doris Pelletier
Mr. and Mrs. Paul Pelletier
Pemberton & Associates
People Plus
Performance Food Group
Mr. and Mrs. Brian Perkins
Ms. Hope Perkins
Ms. Nancy Perkins
Sr. Catherine Perko
Ms. Catherine "Katy" Perry
John and Marianne Heinrich-Perry
Mr. and Mrs. William Perry
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Mr. and Mrs. Earl Rancourt
Robert and Mary S. Rand
Ms. Amy Ray
Ray Haskell Ford, Lincoln, & Mercury
Mr. and Mrs. Walter Reay
Ms. Clarice Redlevske
Mr. Dennis Reed
Edward Reinke
Mr. and Mrs. Vladimir Reneyske
Read & Lorraine Rich
Arlene C. Richardson
Ms. Lynne Richmond
Ms. Lise Rickberg
Mr. and Mrs. Bill Riggs

Rising Tide Community Market
Mr. and Mrs. Judson Roberts
Mr. and Mrs. Samuel Roberts
Ms. Doris Robjent
Rockland Cafe
Mr. George Roderick
Ms. Kayla Roderick
Mr. Horace Rodrigue
Mr. and Mrs. Richard Rodrigue
Mr. and Mrs. Irvin Rogers
Ms. Linnea Rogers
Mr. and Mrs. Raymond Rogers
Ms. Geraldine Roley
Mr. and Mrs. Ralph Ronco
Mr. Ted Rooney
Mr. and Mrs. David Roper
Mr. and Mrs. Michael Rose
Ms. Anne Rosenthal
Ms. Estelle Routhier
Ms. Beatrice Roy
Mr. and Mrs. Edmond Roy
Mr. and Mrs. Gerald Roy
Ms. Jeanne L. Roy
Mrs. Maxine Russakoff
Mr. Dean Russell
Don & Barb Russell
Ms. Cheryl Rust
Ms. Dona Ryan
Mr. and Mrs. William Sabin
Ms. Linda Sadoff
Saltwater Harbor Financial, LLC
Ms. Nancy Sanford
SAPPI - S.D. Warren Co.
Mr. Peter Sargent
Ms. Bonnie Savage
Mr. Romain Savoie
Ms. Dorothy L. Sawyer
Mr. and Mrs. Conrad Schilke
Mr. Max Scholz and Ms. Lavana Snyder
Ms. Pamela Seeley
ServPro of Augusta/Waterville
Ms. Mary Sesak
Seton Village Resident Council
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United Way of Mid Coast Maine
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Mr. and Mrs. Richard Young
Ms. Laurie Ann Zastrow
Ms. Jean Zenie
Zimba Corporation
Mr. and Mrs. Jay Zoller



OUR CORE VALUES

- **Dignity:** We believe each person possesses inherent nobility and worth that demands a natural respect.
- **Professionalism:** Our staff and volunteers are the essential strength of our services who aspire to the highest standards.
- **Integrity:** We expect to be accountable to the consumer and communities we serve earning their complete trust and confidence.



OUR OVERARCHING STRATEGY

Actively engage the people of central Maine across all generations with programs that allow them to live healthy, socially enjoyable and independent lives. Our programs and services will be innovative and entrepreneurial that provide solutions to the challenges that aging and disabilities present to all families, our neighbors and our communities.

Working together, the Spectrum Generations team was successful in developing new collaborations vital to its future and exploring critical strategies to maximize the benefits to those we serve - our families, our neighbors, and our communities."

... Dick Coburn, Chairman of the Board, Spectrum Generations