

Money Minder Volunteers Needed!

What is Money Minders?

Money Minders is a rewarding program that matches volunteers with clients who need assistance getting their monthly bills paid timely and accurately.

How would I spend my time with this program?

Time could be spent assisting clients with sorting their mail, creating a basic budget, preparing checks (but not signing them), and balancing the check register against the bank statement.

What are the qualifications for a Money Minder Volunteer?

All candidates will have a background check completed. We are looking for friendly people who enjoy helping others in their community.

FMI contact Amy Morissette at amorissette@spectrumgenerations.org or 207.620.1664



April is Volunteer Appreciation Month!

Spectrum Generations relies on over 500 volunteers to bring a wide variety of vital services to communities across the counties of Kennebec, Lincoln, Sagadahoc, Knox, Waldo, and Somerset, plus the towns of Brunswick and Harpswell.



Whether it be delivering Meals on Wheels, helping in the kitchen, sharing a talent or hobby, waiting tables, answering phones, helping a senior balance their checkbook or create a budget, or just by brightening someone's day, our volunteers are committed to our mission of promoting life-long learning, health, wellness, nutrition, community engagement and social well-being of all older and disabled adults.

Across our agency, we are always actively searching for committed volunteers looking for the opportunity to give back to those in their community. With locations throughout the state of Maine, we're able to offer you the chance to connect with your neighbors and help those who need it most.



Meals on Wheels Nutrition Coordinator, Casey Henson (front), thanks volunteers at the annual volunteer appreciation party with a gift of Meals on Wheels "survival bags". Not only do Meals on Wheels drivers (from left to right) Su, Jen, Geoff, Steve, and Amy, deliver nutritious meals to homebound seniors and disabled adults in their community, but also a friendly smile!

For more information about volunteer opportunities at Spectrum Generations or to request a volunteer application, please call 1-800-639-1553.



Spectrum Generations is an equal opportunity provider.



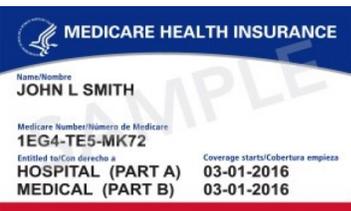
SCAM ALERT BULLETIN BOARD

As the price of prescription drugs continue to rise, you might find your self searching online for more affordable medications.

Beware of bogus companies that take your money and never send your product, or worse, send you a product that could harm you. Also, be sure to read the fine print on prescription drug coupons you find online. You might discover your purchase won't count toward your deductible, or that the coupon expires after a certain number of refills.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Contact local law enforcement or the AARP Fraud Watch Network www.aarp.org/fraudwatchnetwork or 1-877-908-3360 to report a scam or FMI on scam and fraud prevention.

New Medicare Cards Coming Soon



The Centers for Medicare and Medicaid Services (CMS) will be replacing all Medicare cards in the coming months. CMS has assigned all people with Medicare benefits a new, unique Medicare number, which contains a combination of numbers and uppercase letters. People with Medicare will receive a new Medicare card in the mail, and will be instructed to safely and securely destroy their current Medicare card and keep their new Medicare number confidential. Issuance of the new number will **not** change benefits that people with Medicare receive.

CMS will begin mailing the new cards to people with Medicare benefits in April 2018. FMI visit www.cms.gov/newcard

16th Annual

GOLF FORE A CAUSE

8 a.m. Check In | 9 a.m. Tee Time

THURS JUNE 7 2018

Benefiting

Spectrum Generations' Programs

18 Holes

Carts

Lunch

BRUNSWICK GOLF CLUB

165 River Road

Reserve your tickets by March 30 to take advantage of our early bird ticket pricing! Interested in being an event sponsor, contact Sarah at sbrown@spectrumgenerations.org or 207.620.1677.