

All Spectrum Generations' locations will be closed on Wednesday, July 4, in observance of Independence Day.



*save the date*

Spectrum Generations' Cohen Community Center presents a Murder Mystery Dinner: **"Marriage can be a Mystery"**

**Saturday, September 22, 2018**



You are cordially invited to Spectrum Generations' Cohen Community Center Mystery Dinner, on Saturday, September 22, 2018 (**Marriage Can be a Mystery**). The event, which will be modeled after a real wedding reception party, will take place at the Cohen Community Center, 22 Town Farm Road in Hallowell.

You will delight in all the craziness that takes place at a wedding while enjoying a gourmet meal with the show. The entrée will be your choice of pan roasted beef, potatoes aligot, rainbow Swiss chard, red wine sauce –or– dill salmon, parsnip puree, green bean bundles, crispy maitake mushrooms, herbed aioli, with choice of soup and dessert. Full cash bar will also be available.

"Wedding gifts" are encouraged by way of sponsorships. Gift registry will follow but think dry dog, cat food, gift certificates to Hannaford, Petco, or Tractor Supply, and of course checks are always welcome.

Tickets will be available for purchase soon at the Cohen Center by stopping in or calling us at 626-7777. Cost is \$45 a ticket or \$240 for a table. RSVP for yourself and your "plus one," soon.



### Money Minders Volunteers Needed

We are looking for friendly people who enjoy helping others in their community.

Imagine coming to a point in your life when your eyesight makes it difficult to read bills, and balance a checkbook, or your hands have developed a tremor making it impossible to fill out a check. Our Money Minders Volunteers have the rewarding role of helping those who have already found themselves in this position. We help them organize their bills, avoid late fees, and maintain their independence in their home.

If you are interested in more information, please contact Debra McFarland at [dmcfarland@spectrumgenerations.org](mailto:dmcfarland@spectrumgenerations.org) or 207-620-1692.

### Legacy Corps seeks members to aid in caregiving and respite for veterans and military families

Spectrum Generations' Legacy Corps Program, which caters to the caregiving needs of veterans and their families, is seeking new volunteer members.

At Spectrum Generations, the Legacy Corps program provides companionship respite care for veteran and military families and their caregivers, throughout central and midcoast Maine. The volunteer members are trained and carefully matched with each client they work with to help support the specific needs veterans and military families often face, as well as decrease feelings of burden and stress for caregivers when caring for a loved one.

With a current waitlist of 35 veteran families seeking assistance, the need is high. Legacy Corps volunteer members will receive high quality onboarding training, with monthly training on providing respite and the military culture. For more information, contact Maria Raymond, volunteer coordinator at Spectrum Generations: 620-1684 or [mraymond@spectrumgenerations.org](mailto:mraymond@spectrumgenerations.org).

Additional information about Legacy Corps can be found online at [spectrumgenerations.org/legacycorps](http://spectrumgenerations.org/legacycorps)



Spectrum Generations is an equal opportunity provider.

## Medicare 101

Medicare can be overwhelming to individuals enrolling for the first time. Our Medicare 101 Session will take you through the four different parts of Medicare benefits and how each works. You'll learn how to enroll, what services are covered, and what estimated costs will be for your coverage.

People Plus Center on Tuesday, July 10 at 12:30 p.m.

and

Sunnybrook Senior Living Tuesday, July 31, time TBA

\$15.00 suggested donation.



Downtown Hallowell

Spectrum Generations' Cohen Community Center will be hosting a **Pie Crawl Fundraiser**.

Pumpkin pie, Apple Pie, Whoopie Pie, Pizza Pie, Shepherd's Pie, any pie will do.

**Where: Downtown Hallowell**

**When: October 20, 2018**

Cost: \$15 per person, children under 10 are free, accompanied by an adult  
 Cost includes pie from all of the participating stores, bars, and restaurants in downtown Hallowell

Stay tuned for more information.  
 Pencil in the date, you won't want to miss this event!



All proceeds help end senior hunger

Planning an event?  
 Cohen on the Meadows is available to serve all catering needs!  
 207-620-1189 or 207-660-9267