

All Spectrum Generations locations will be closed on Monday, December 25, in observance of Christmas.



Spectrum Generations Seeks to Add Board Member

Spectrum Generations – a partner of People Plus – serves the needs of midcoast adults through a variety of programs and services. Primarily, Spectrum Generations serves Meals on Wheels and offers other nutritional support, and provides resource counseling on a variety of topics including Medicare, Medicaid, and fraud prevention, as well as caregiver respite, and free respite care for military families.

Spectrum Generations is currently inviting candidates interested in joining the Board of Directors to email a letter of intent to the CEO, Gerard Queally, at gqueally@spectrumgenerations.org.

In order to qualify, you must be a resident of Brunswick, Harpswell, Orr’s Island, or Bailey Island, and have a general interest in advancing the mission of Spectrum Generations: to promote the lifelong learning, health, wellness, nutrition, community engagement, and social well-being of all older and disabled adults.

You Shop. Amazon Gives.

Will you be shopping on Amazon for holiday gifts this season? Have you heard about Amazon Smile? It’s the same Amazon you know and love but a percentage of your purchase is donated to the charity of your choice. It’s easy to give back, just visit smile.amazon.com and choose **Central Maine Area Agency on Aging** as your charity. By choosing us as your Amazon Smile charity, you’ll be helping support all of the great programs and services that Spectrum Generations (the Central Maine Area Agency on Aging) has to offer, such as Meals on Wheels and Aging & Disabilities Resource Counseling. Happy Holidays!




Share Some Love With Spectrum Generations!

The 2017 Subaru Share the Love Event is officially underway and as a member of Meals on Wheels America, Spectrum Generations is excited to announce that we will be taking part in this year’s event!

Between now and January 2, 2018, **Subaru of America, Inc.**, will donate \$250 to local senior nutrition programs like ours for every new vehicle sold or leased when the customer chooses Meals on Wheels as their charity of choice. Over the last nine years, Subaru of America and its participating retailers have donated more than \$94 million to help those in need. Learn more at mealsonwheelsamerica.org/sharethelove

Not in the market for a new car but still want to Share the Love? Stop by the Giving Tree at People Plus and choose a Share the Love tag. The tag will state an item needed for this year’s “Blizzard Bags” for Meals on Wheels recipients. Items like warm hats and mittens, blankets, flashlights, along with a non-perishable meal will be given to homebound seniors and disabled adults so that they may be ready for when winter weather hits. Santa will stop by in his red Subaru on December 20, to gather the blizzard bags and help deliver them to Meals on Wheels recipients!

FMI about how you can help Share the Love with local seniors, call 207.607.4406




SCAM ALERT BULLETIN BOARD



‘Tis the season to be giving, but bogus charities could have you singing the holiday blues. Never provide credit card information to phone solicitors and always assume

that all email solicitations bearing a charity’s name are a scam unless you provided your email address to that organization. Keep a close ear for similar sounding names such as the National Heart Association instead of the legitimate American Heart Association. Be especially suspicious of heartstring-pulling solicitations which supposedly benefit disabled veterans, police and firefighters, or sick and needy children. When in doubt, check a charity’s legitimacy by visiting the Wise Giving Alliance at <http://give.org>.

Be a fraud fighter! If you can spot a scam, you can stop a scam. **Contact local law enforcement or the AARP Fraud Watch Network www.aarp.org/fraudwatchnetwork or 1-877-908-3360 to report a scam or FMI on scam and fraud prevention.**



Have you “liked” Spectrum Generations yet? Search **Spectrum Generations** on Facebook and like our page to stay up to date with all that we have offer in your community!



Spectrum Generations is an equal opportunity provider.

PROUD TO PARTNER WITH PEOPLE PLUS