

All Spectrum Generations locations will be closed on November 10, in observance of Veterans Day, and November 23 and 24 in observance of Thanksgiving.



Need Help With Medicare?

October 15 through December 7 is the Open Enrollment period for Medicare Advantage and Medicare prescription drug coverage.

During this period you can:

- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage or vice versa
- Join a Medicare Prescription Drug Plan
- Switch from one Medicare drug plan to another Medicare drug plan
- Drop your Medicare prescription drug coverage completely

Spectrum Generations' Aging & Disability Resource Counselors can help you understand your options and help you choose which plan is right for you. If you live in the Brunswick—Harpwell—Sagadahoc County area, call 729-0757 to make an appointment with one of our counselors. If you live outside of that area, call Spectrum Generations' Consumer Helpline at 1-800-282-0764 to find the center closest to you.



Caregiver Respite Program

Caregivers are special people. The Caregiver Respite Program provides the opportunity for family caregivers to refresh and regenerate their energies through respite care. Participants in the Caregiver Respite Program have a diagnosis of Alzheimer's disease, dementia, or related memory disorders. This program assists the caregiver by helping them pay for someone to come into their home and stay with their loved one while the caregiver is able to get time for him or herself. The person, who would provide the respite care for your loved one, may be a family member, friend, neighbor, or someone from a home health agency or day program of your choice. This program enables the caregiver the opportunity to take some time for themselves, or just take some time off to do what they would like or need to do.

The Program Can:

- Reimburse 80% of what it costs to have someone come into the home a few hours/week
- Reimburse 80% of several hours of adult day care per week
- Help with the cost of up to two weeks of overnight continual care in an assisted living or nursing facility
- Allow a caregiver to apply for a waiver of all or part of co-pay depending on income and assets
- Help to pay for home modifications needed to promote independent living (up to \$2,000 lifetime)

Eligibility Requirements Are:

- A written statement of Alzheimer's, Dementia, or related memory disorder from primary care provider
- Care recipient's liquid assets (bank accounts, certificates of deposit, money market accounts, IRA, etc.) not to exceed \$50,000 for one person, or \$75,000 for two (home, land, or vehicles are not to be included as liquid assets).
- Not receiving assistance from any other state subsidized programs (Home Based Care, Adult Day Care funding, MaineCare Home Programs, etc.)

For more information

please call Spectrum Generations' Family Caregiver Support Program
 1.800.639.1553 or TTY: 1.800.464.8703
 Visit us online at www.spectrumgenerations.org

Spectrum Generations is an equal opportunity provider.



Benefiting Spectrum Generations Meals on Wheels, The Maine Children's Home for Little Wanderers, and Hospice Volunteers of Waterville Area.

Join us and Santa at the Hathaway Creative Center, 10 Water Street in Waterville,

**November 17 - 19, & 24 - 26
 Friday & Saturdays**

10:00 a.m. — 8:00 p.m.

Sunday, Nov. 19, 10:00 a.m. — 6:00 p.m.

Sunday, Nov. 26, 10:00 a.m. — 4:00 p.m.

This two-weekend holiday extravaganza is not to be missed, as area businesses display their fully decorated trees with all the trimmings and give **YOU** a chance to take them home. Attendees will have a chance to win a tree by purchasing 50¢ raffle tickets to drop into the bucket of your tree of choice.

Drawings for trees will be on **Sunday, November 26.**

The winner takes the fully decorated tree home with everything under it!

Admission is \$2.00 for adults, children under 12 free.

