



Muskie Community Center

DINING MENU

June 2023

Lunch is offered to the public 11 a.m. to 12:30 p.m.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| <p>All meals are served with ● garden salad ● fruit ● bread and butter ● dessert ● 1% milk, coffee, tea and water</p> | <p>Breakfast Buffet Served every Friday from 8:00 a.m. - 9:30 a.m. Cost: \$7 per person</p> | | <p>1 Pulled Pork Baked Beans Corn</p> | <p>2 Breakfast Buffet Fish Fillet Sandwich Oven Fries Coleslaw</p> |
| <p>5 Burgers & Dogs Potato Salad Corn Salad</p> | <p>6 Lasagna Spinach</p> | <p>7 Shepherd's Pie Green Beans</p> | <p>8 Sliced Turkey Roll-ups with Stuffing Seasoned Rice Vegetable Medley</p> | <p>9 Breakfast Buffet Baked Stuffed Haddock Au Gratin Potatoes Zucchini</p> |
| <p>12 Penne Pasta with Sausage & Meatballs Spinach</p> | <p>13 Deli Day: Tuna & Chicken Salad, Ham & Turkey Cold Cuts Potato Salad Cole Slaw</p> | <p>14 Baked Ham Sweet Potato Broccoli</p> | <p>15 Pot Roast Mashed Potatoes Green Beans</p> | <p>16 Breakfast Buffet Salmon Pie Roasted Potatoes Mixed Vegetables</p> |
| <p>19 Salisbury Steak Potatoes Broccoli</p> | <p>20 Chicken Cordon Bleu Rice Pilaf Summer Squash</p> | <p>21 Meatloaf Mashed Potatoes Peas & Carrots</p> | <p>22 American Chop Suey Vegetable Medley</p> | <p>23 Breakfast Buffet Shrimp Scampi Linguine Broccoli</p> |
| <p>26 Swedish Meatballs Egg Noodles Cabbage</p> | <p>27 Chicken Stew Dumplings Peas</p> | <p>28 Corned Beef Steamed Potatoes Carrots</p> | <p>29 Roast Pork Sweet Potatoes Green Beans</p> | <p>30 Haddock Seasoned Rice Zucchini</p> |

Congregate Dining – congregated diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential;
congregated diners under 60, a fee of \$7.50 is required (unless noted otherwise).
We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

June 2023

★ Special event/by appointment only

| | TIME | ACTIVITY | COST |
|---|---|---|-----------------------|
| Mondays | 8:30 - 3 p.m. | ★ Pool Table ~ <i>Sign up at Reception. Veterans Play Free</i> | \$5 per hour |
| | 9 - 10 a.m. | Richard Simmons Workout | \$2 per person |
| | 10 a.m. - noon | ★ Wii Fit & Games ~ <i>Sign up at Reception</i> | \$2 per person |
| Tuesdays | 8:30 - 3 p.m. | Pool Table ~ <i>Sign up at Reception. Veterans Play Free</i> | \$5 per hour |
| | 9 - 11 a.m. | Quilts & Crafts | \$2 per person |
| | 10 a.m. - noon | Wii Fit & Games ~ <i>Tennis, Golf, Baseball also available!</i> | \$2 per person |
| | noon - 2:30 p.m. | Hand & Foot ~ <i>Canasta /Rummy Type Card Game</i> | \$2 per person |
| | June 6 , 12:30 - 2 p.m. | Medicare 101 | Donations Appreciated |
| <i>Somerset Community Center, 30 Leavitt St. Skowhegan</i> | | | |
| Wednesdays | 8:30 - 3 p.m. | ★ Pool Table ~ <i>Sign up at Reception. Veterans Play Free</i> | \$5 per hour |
| | 9 - 10 a.m. | Richard Simmons Workout | \$2 per person |
| | 9:30 - 10:30 a.m. | French Social Hour ~ <i>Converse with others in French</i> | \$2 per person |
| | 10:30 a.m. - 3 p.m. | Literacy Volunteers of Kennebec | Free |
| | noon - 2:30 p.m. | Cribbage | \$2 per person |
| | June 7 , 2 - 3:30 p.m. | ★ Waterville Chess Club | \$2 per person |
| June 21 , 1 - 2:30 p.m. | ★ Family Caregiver & Parkinson's Support Group | Free | |
| Thursdays | 8:30 - 3 p.m. | ★ Pool Table ~ <i>Sign up at Reception. Veterans Play Free</i> | \$5 per hour |
| | 9 - 11 a.m. | Quilts & Crafts ~ <i>Beginners are welcome!</i> | \$2 per person |
| | June 1 , 8 a.m.-2 p.m. | ★ Veterans Assistance-Veterans' Service Officers | Free |
| | June 1 , 1 - 2:30 p.m. | ★ Medicare 101 | Donations Appreciated |
| | June 15 , 9 a.m. - 1 p.m. | Power Hour with CMP Representatives | Free |
| Fridays | 8:30 a.m. - 3 p.m. | ★ Pool Table ~ <i>Sign up at Reception. Veterans Play Free</i> | \$5 per hour |
| | 9 - 10 a.m. | Richard Simmons Workout | \$2 per person |
| | 10 a.m. - noon | ★ Wii Fit & Games ~ <i>Bowling, Tennis, Golf, and Baseball!</i> | \$2 per person |
| | 1 - 3 p.m. | "63" Card Game~ <i>Come Join the Fun!</i> | \$2 per person |
| | June 16 , noon-1 p.m. | ★ The Story of Maine: Rails, Trails and Roads | Free |
| | June 30 , 9-10 a.m. | ★ Volunteer Orientation | Free |
| June 30 , noon-1 p.m. | ★ Wiscasset, Waterville & Farmington Railway Presentation | Free | |

Notary Public Services now Available at Muskie Community Center

The Muskie Community Center is excited to announce that Notary Public Services are now available at the center by appointment. Please stop by the reception desk to inquire or call Sandra MacDonald at (207) 873-4745 to make your personal appointment.